

GENERAL STUDIES: SOCIAL AND BEHAVIORAL SCIENCES



The Associate Degree in General Studies with an Area of Emphasis provides an opportunity for students to design a program of study meaningful and appropriate to their own needs and academic interests. The degree includes general education and a focused area of study. Students may choose to earn this degree for preparation for employment or for personal development.

Requirements

To meet the General Studies degree requirements, a student must complete the following:

- I. **AS or AA General Education Requirements** (see Degree Requirements and Transfer Information section) **and**
- II. **Choose a minimum of 18 units**
 Students must complete a minimum of three units in Social Science and three units in Behavioral Science. The remaining twelve units may be taken from either category.

The Associate in Arts in General Studies with an Emphasis in Social and Behavioral Sciences will be awarded to students upon completion of general education degree requirements and 18 units in this area. These courses emphasize the study and understanding of human behavior. Students will evaluate and interpret human societies; the institutions, organizations and groups that form them; the ways in which individuals and groups relate to one another; and various approaches and methodologies of the disciplines.

Program Learning Outcomes

Upon successful completion of this program, students will be able to:

- Describe general principles of the political institutions and government of the United States.
- Analyze the role of social, political, and economic institutions within a historical perspective.
- Evaluate the ways people act and interact in cultures, societies and social subgroups.
- Assess how social issues are influenced by geographical and historical processes.
- Apply knowledge of social and behavioral sciences theories and scientific methods in an assessment of real-world problems.

Social Science

Code	Title	Units
ANTH-120	Cultural Anthropology	3
ANTH-140	Introduction to Archaeology	3
ANTH-150	Introduction to Cultural Resource Management	3
ARBC-145	Arabic Civilizations	3

BIO-134	Ethnobotany	3
CD-145	Child Abuse and Family Violence in Our Society	3
COUN-120	College and Career Success	3
COUN-140	Self Awareness and Interpersonal Relationships	3
ECON-110	Economic Issues and Policies	3
ECON-120	Principles of Macroeconomics	3
ECON-121	Principles of Microeconomics	3
ETHN-107	History of Race & Ethnicity in the United States	3
ETHN-114	Introduction to Race & Ethnicity	3
ETHN-118	U.S. History: Chicano/Chicana Perspectives I	3
ETHN-119	U.S. History: Chicano/Chicana Perspectives II	3
ETHN-130	U.S. History and Cultures: Native American Perspectives I	3
ETHN-131	U.S. History and Cultures: Native American Perspectives II	3
ETHN-150	Latinx Sociology	3
ETHN-165	Introduction to the Politics of Race and Gender	3
ETHN-180	U.S. History: Black Perspectives I	3
ETHN-181	U.S. History: Black Perspectives II	3
GEOG-106	World Regional Geography	3
GEOG-122	Regional Field Studies in Physical Geography and Geology of Desert Environments	1
GEOG-130	Human Geography: the Cultural Landscape	3
HIST-100	Early World History	3
HIST-101	Modern World History	3
HIST-105	Early Western Civilization	3
HIST-106	Modern Western Civilization	3
HIST-107	History of Race & Ethnicity in the United States	3
HIST-108	Early American History	3
HIST-109	Modern American History	3
HIST-118	U.S. History: Chicano/Chicana Perspectives I	3
HIST-119	U.S. History: Chicano/Chicana Perspectives II	3
HIST-122	Women in Early American History	3
HIST-123	Women in Modern American History	3
HIST-124	History of California	3
HIST-128	Kumeyaay History I: Precontact - 1845	3
HIST-129	Kumeyaay History II: 1846 - Present	3
HIST-130	U.S. History and Cultures: Native American Perspectives I	3
HIST-131	U.S. History and Cultures: Native American Perspectives II	3
HIST-148	The Modern Middle East	3
HIST-180	U.S. History: Black Perspectives I	3
HIST-181	U.S. History: Black Perspectives II	3

HIST-275	Historical Period	3	PSY-120	Introductory Psychology	3
HIST-276	Geographical Area	3	PSY-125	Cross-Cultural Psychology	3
HIST-277	Historical Theme	3	PSY-132	Psychology of Health	3
KUMEY-128	Kumeyaay History I: Precontact - 1845	3	PSY-134	Human Sexuality	3
KUMEY-129	Kumeyaay Hist II: 1846 - Present	3	PSY-138	Social Psychology	3
KUMEY-150	Introduction to Cultural Resource Management	3	PSY-140	Physiological Psychology	3
KUMEY-166	Introduction to Native American Politics and Policy	3	PSY-150	Developmental Psychology	3
KUMEY-170	Kumeyaay Conflict Resolution	3	PSY-170	Abnormal Psychology	3
POSC-120	Introduction to Politics and Political Analysis	3	PSY-201	Academic and Career Opportunities in Psychology	1
POSC-121	Introduction to U.S. Government and Politics	3	PSY-211	Cognitive Psychology	3
POSC-124	Introduction to Comparative Government and Politics	3	PSY-220	Learning	3
POSC-130	Introduction to International Relations	3			
POSC-140	Introduction to California Governments and Politics	3			
POSC-145	Introduction to Latin American Government and Politics	3			
POSC-147	Introduction to Middle East Government and Politics	3			
POSC-148	American Foreign Policy	3			
POSC-150	Introduction to Political Theory	3			
POSC-165	Introduction to the Politics of Race and Gender	3			
POSC-166	Introduction to Native American Politics and Policy	3			
POSC-170	Introduction to Political Science Research Methods	3			
SOC-114	Introduction to Race & Ethnicity	3			
SOC-120	Introductory Sociology	3			
SOC-125	Marriage, Family and Alternative Lifestyles	3			
SOC-130	Contemporary Social Problems	3			
SOC-138	Social Psychology	3			
SOC-140	Sex and Gender Across Cultures	3			
SOC-150	Latinx Sociology	3			
SPAN-145	Hispanic Civilizations	3			
SW-170	Kumeyaay Conflict Resolution	3			

Behavioral Science

Code	Title	Units
CD-115	Changing American Family	3
CD-125	Child Growth and Development	3
CD-131	Child, Family and Community	3
COMM-110	Introduction to Mass Communication	3
COMM-124	Intercultural Communication	3
HED-120	Personal Health and Lifestyles	3
HED-201	Introduction to Public Health	3
HED-203	Substance Abuse and Public Health	3
HED-204	Health and Social Justice	3
HED-251	Healthy Lifestyles: Theory and Application	3
NUTR-158	Nutrition for Fitness and Sports	3