

# PSYCHOLOGY (PSY)

## PSY-120

### Introductory Psychology

3 UNITS

3.0 hours lecture

Introduction to the facts and theories which seek to explain and understand human thought and behavior including such topics as personality, psychotherapy, learning, memory, interpersonal relationships, adjustment and biological influences. (C-ID PSY 110) (AA/AS GE, CSU, CSU GE, IGETC, UC)

## PSY-125

### Cross-Cultural Psychology

3 UNITS

3.0 hours lecture

Introduction to theories and research findings regarding cultural influences on human behavior and cognitive processes (lifespan development, abnormal behavior and mental health, drug use, self-concept, emotion, gender schemas and gender roles, social behavior, perception, learning, intelligence and memory). By providing students with a non-judgmental understanding of how culture influences human behavior, they will be more equipped to interact in a world where there is increasing contact among different cultures. (AA/AS GE, CSU, CSU GE, IGETC, UC)

## PSY-132

### Psychology of Health

3 UNITS

3.0 hours lecture

The goal of health psychology is to understand the psychological influences on health behavior, including promotion, maintenance, prevention and treatment. The course will focus on the etiology and correlates of health and illness, as well as analyze the health care system and the formulation of health and illness, as well as analyze the health care system and the formulation of health policies within the United States. Specific emphasis will be placed on exploring health disparities among historically underrepresented groups, including African Americans, Native Americans, Asian Americans, and Latino/a/x Americans. (AA/AS GE, CSU, CSU GE, UC)

## PSY-134

### Human Sexuality

3 UNITS

3.0 hours lecture

Review of the biological, psychological and social aspects of human sexuality including sexuality throughout the lifespan, gender identity, individual and cultural variations, sexual orientation, communication and relationships, sex therapy, sex roles, contraception, and sexually transmitted infections (STIs). (C-ID PSY 130) (AA/AS GE, CSU, CSU GE, IGETC, UC)

## PSY-138

### Social Psychology

3 UNITS

3.0 hours lecture

Examination of the individual's perception of and reaction to other people and social influences. Topics such as attitude formation, prejudice and discrimination, helping behavior, aggression, conformity, obedience, cooperation and conflict reduction, and group behavior are explored. Also listed as SOC 138. Not open to students with credit in SOC 138. (C-ID PSY 170) (AA/AS GE, CSU, CSU GE, IGETC, UC)

## PSY-140

### Physiological Psychology

3 UNITS

Prerequisite: "C" grade or higher or "Pass" in PSY 120 or equivalent  
3.0 hours lecture

Examination of the relationships between bodily processes and aspects of behavior. Review of fundamental research methods and major research findings in physiological psychology. Application of experimental methods in psychology, physiology and related disciplines to the understanding of perceptual processes, the control of movement, sleep and waking, reproductive behaviors, ingestive behaviors, emotion, learning, language and mental disorders are explored. (C-ID PSY 150) (AA/AS GE, CSU, CSU GE, IGETC, UC)

## PSY-150

### Developmental Psychology

3 UNITS

Prerequisite: "C" grade or higher or "Pass" in PSY 120 or equivalent  
3.0 hours lecture

Overview of psychological research and theory involving the lifespan approach to human behavior and cognition. Explores the biological, emotional, social and cognitive development from infancy through childhood, adolescence and adulthood. Topics include influences of drugs and disease on prenatal development, child-rearing methods, temperaments and personality, childhood disorders, development of language and thinking, gender roles, friendship, family and relationships, parenting, and aging. Not open to students with credit in PSY 165. (C-ID PSY 180) (AA/AS GE, CSU, CSU GE, IGETC, UC)

## PSY-170

### Abnormal Psychology

3 UNITS

3.0 hours lecture

Overview of psychological research and theory involving the causes and treatment of abnormal behavior. The major disorders include anxiety disorders (such as phobias, panic attacks, obsessive-compulsive), mood disorders (such as depression and bipolar), schizophrenic disorders, and personality disorders. Also includes child/adolescence disorders (such as ADHD and eating disorders), substance abuse, mental retardation, sexual disorders, and the effects of stress on the body. (C-ID PSY 120) (AA/AS GE, CSU, CSU GE, IGETC, UC)

## PSY-201

### Academic and Career Opportunities in Psychology

1 UNITS

Prerequisite: "C" grade or higher in PSY 120 or equivalent  
1.0 hours lecture

The study of career options in the field of Psychology. Emphasis is placed on the needs of Psychology majors identifying career-related strengths and interests while providing information on post-baccalaureate options in psychology and related fields, and identification of career-related strengths and interest. Recommended after completion of thirty (30) units. Pass/ No Pass only. (CSU)

## PSY-205

### Research Methods in Psychology

4 UNITS

Prerequisite: "C" grade or higher or "Pass" in PSY 120, and 215 or MATH 160 or equivalent

3.5 hours lecture, 1.5 hours laboratory

Introduction to scientific methodology in psychology. Emphasis is placed on descriptive, experimental, and applied research. Students will learn the American Psychological Association writing style for empirical report writing. This course is intended for psychology majors and behavioral science students interested in the processes of research. The laboratory component of this course is designed to complement the lectures and allow each student to design and conduct a psychological research study. (C-ID PSY 200) (CSU, UC)

**PSY-211**

**Cognitive Psychology**

**3 UNITS**

Prerequisite: "C" grade or higher or "Pass" in PSY 120 or equivalent

3.0 hours lecture

A general introduction to the principles of cognition. This course examines theoretical and research approaches to the study of cognitive neuroscience, perception, attention, memory, knowledge, visual imagery, language acquisition and development, problem solving and decision making. (AA/AS GE, CSU, CSU GE, IGETC, UC)

**PSY-215**

**Statistics for the Behavioral Sciences**

**4 UNITS**

Prerequisite: "C" grade or higher or "Pass" in MATH 110 or appropriate mathematics assessment

3.5 hours lecture, 1.5 hours laboratory

Methods and experience in defining and solving quantitative problems in the behavioral sciences. Emphasis is on the design of experiments and the application of a variety of parametric and nonparametric techniques to the analysis of data. (C-ID SOCI 125) (AA/AS GE, CSU, CSU GE, IGETC, UC credit limit)

**PSY-220**

**Learning**

**3 UNITS**

Prerequisite: "C" grade or higher or "Pass" in PSY 120 or equivalent

3.0 hours lecture

Examination of the basic principles and research in animal and human learning. (AA/AS GE, CSU, CSU GE, IGETC, UC)